



Samvedam B. Randles

Works as a psychologist, shamanic practitioner and body worker in Boston, where she founded the Inner Arts Institute. Samvedam has offered workshops and

trainings for over 20 years and has taken groups into various environments to experience different connections to self and spirit.

For more information about her work go to www.innerartsinstitute and click into innerartsjourneys.



Maya Kennedy

possesses a passion for creating/facilitating experiences for individuals, teens and families that foster personal growth and mastery. Maya's personal and professional

journey has moved her to develop a unique synthesis of tools, accessing spirit and challenging mind to support a change process.

Maya also serves as a trainer, coach and consultant, nationally and internationally working with family centered non-profit organizations and leadership teams in fulfilling the mission and vision of their organizations.

I come into the peace of wild things .

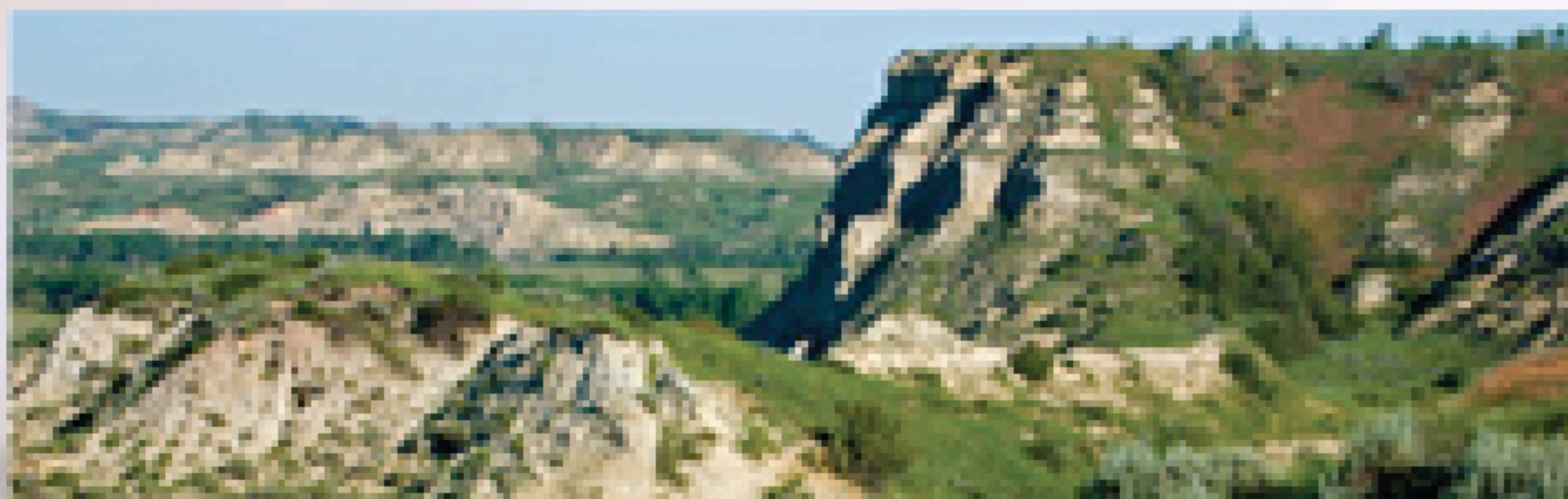
Who do not tax their lives with forethought of grief.

I come into the presence of still water.

And I feel above me the day-blind stars waiting with their light.

For a time I rest in the grace of the world, and I am free.

-Wendell Berry



VISION QUEST

Eagle Medicine



A vision quest for inner strength and clarity in the Badlands of North Dakota

**2ND OF JULY - 12TH OF JULY
2011**

Eagle Medicine

You are invited to step out of your daily routines and broaden your sense of Self beyond the horizon of what is currently visible in order to realign with the original intention of your soul.

Native Americans believe that Eagle Medicine represents our connection to Spirit. The Eagle soars high in the sky, gaining perspective while staying balanced in the earth realm. In accessing Eagle Medicine, we will strive to overcome our fears and embrace freedom.



This journey takes us to the ridge of the Badlands, where views are expansive and bison and coyote walk freely. We will stay in cabins with a breathtaking view of the valley of little Missouri and prepare ourselves for a vision quest.

The Program

July 2nd

Arrive in Bismarck, North Dakota, transfer to Killdeer and settle into tents or the cabin.
Meet the group.

July 3rd

Driving to the North Unit of Theodore Roosevelt National Park with its awe inspiring vistas, herds of buffalo and wild horses. Attuning to this land.
Setting our intentions.

July 4th

Getting to know the people. Celebration in Killdeer, complete with Rodeo, Barrel Racing, Bull Riding and fire works.

July 5th-7th

Preparing for the vision quest

What do you need to let go of and leave behind?
What new inner spaces do you want to open?
Where does your inner guidance want to take you next?

Preparations include daily practices of meditation, breathwork, shamanic journeying and group sharing as well as explorations of the land either on horseback or on foot (your preference).

Rituals such as a sweat lodge and fire ceremony will help us purify and prepare ourselves for time alone in the powerful presence of this land.

Participants may choose to quest alone for three days and three nights in the badlands or stay closer to base camp and adjust their quest as best supports them.

July 8th - 10th

The Vision Quest

According to Native American tradition you find your place in nature where you stay for three days and nights to open to your vision.

-or-

A three day guided silent retreat near basecamp.

July 11th

Returning and Integration

Ceremony on Medicine Hole Mountain
On this sacred site high above the prairie we claim what we received and what we take home with us.

July 12th

Transfer back to Bismarck and return home.



Cost: \$ 1995

This price does not include the flights to Bismarck, ND, but does include the transfer to Killdeer. Please contact us for information about the inland flight to Bismarck so that we can coordinate transfers.

Call Samvedam at (617) 926 1301

www.innerartsinstitute.com

Samvedam@innerartsinstitute.com